Victory Mindset

Wellness Summit for First Responders

Hosted by CPOA

Victory Mindset was founded by first responders, for first responders. Our wellness summit brings together industry-leading experts focused on what matters. Leadership, mental health, nutrition, strength & conditioning, longevity, and resilience. This comprehensive 4-part, 8-hour course is specifically designed to enhance your wellness program and support overall well-being.

1. **Longevity for Public Safety Professionals**
2. **Nutrition and Strength & Conditioning for the Everyday First Responder**
3. **Mindsets for Victory**
4. **Post Traumatic Growth in Public Safety**

Nov 18th, 2025 at the Clovis Veterans Memorial District - Liberty Room

8:00am - 5:00pm

808 4th Street
Clovis, CA 93612

Register now at https://cpoa.org/event/victory-mindset/