



CARMA

California Affiliated Risk
Management Authorities

Victory Mindset

Wellness Summit for First Responders Hosted by CPOA

Victory Mindset was founded by first responders, for first responders. Our wellness summit brings together industry-leading experts focused on what matters. Leadership, mental health, nutrition, strength & conditioning, longevity, and resilience. This comprehensive 4-part, 8-hour course is specifically designed to enhance your wellness program and support overall well-being.

1

**LONGEVITY FOR PUBLIC
SAFETY PROFESSIONALS**

2

**NUTRITION AND STRENGTH &
CONDITIONING FOR THE
EVERYDAY FIRST RESPONDER**

3


**WINNING THE BATTLE
AGAINST PTSI**

4

**POST TRAUMATIC GROWTH:
RISING FROM THE ASHES OF
STRESS, TRAUMA & MORAL
INJURY**

**Nov 18th, 2025 at the Clovis Veterans
Memorial District - Liberty Room**

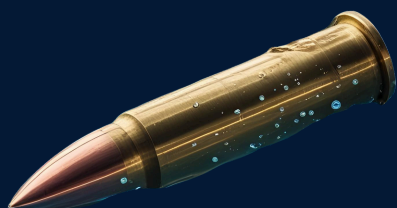
 **8:00am - 5:00pm**

 **808 4th Street
Clovis, CA 93612**

REGISTRATION FEES

Member: \$0

Non-Member: \$120



For questions and further information contact CPOA at cpoa@cpoa.org